**ESMS JS Girls’ Games**

**When Games Practices Happen**

Girls attend a weekly games practice at The Mary Erskine Astroturfs from 2pm until the pick-up time below:

P7 Wednesday 3:30pm

P6 Thursday 3:20pm

P5 Friday 3:30pm

Girls can be collected from the Lower carpark at Mary Erskine at the end of Games or there is a school bus to return them to SMC Front Gates. Any girl not collected from games on time will be brought back to JS Reception.

**Cancellation/Update Messages**

These numbers will carry up to date messages about Games, the midweek number is updated by 12:30pm and the Saturday number by 7am.

**Midweek Games Number 01313111133**

**Saturday Hockey Number 01313111133**

**Games Activities**

The following Games activities are available to the girls as they move through ESMS JS.

|  |  |  |  |
| --- | --- | --- | --- |
| Year Group | First Term | Second Term | Third Term |
| P5 | Hockey until October then a rotation of four activities until Christmas eg Hockey / Lacrosse / Football / Touch Rugby | Rotation of four games activitieseg Hockey / Lacrosse / Football / Touch Rugby | Rotation of Cricket / Athletics/Tennis |
| P6 | All girls do Hockey until October Holiday then choose between Hockey or Multi sport programme | Cricket, Athletics or Tennis |
| P7 | All girls do Hockey until October Holiday then choose between Hockey or Multi sport programme | Cricket, Athletics or Tennis |

**Saturday Games**

**ESMS JS have fixtures or practices on Saturday mornings for each sport. P5 attendance on Saturdays is voluntary, P6 & P7 attendance if selected in a squad, is an integral part of a family’s commitment to the school.** Girls must request permission from their Games coach to be absent a week in advance should they be unable to take part for family reasons. Team sheets are posted on the year groups’ Games Board in school and on Firefly. Fixtures information is available in the parents My ESMS portal.

Saturday Hockey at home (training & matches) takes place on the Upper Astros at The Mary Erskine School

Start times for practices/matches & venues for away matches are posted weekly on team sheets

**Games Kit**

Girls require the following kit for each activity. School kit is available from PSL TeamSports <http://www.pslteamsports.com/>

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Hockey | Tennis | Cricket | Athletics |
| Required | P.E. Shirt | P.E Shirt | PE Shirt | PE Shirt |
| Required | P.E. Shorts/Skort for matches | PE Shorts /Skort | PE Shorts | PE Shorts |
| Required  | Red Socks | Sports socks | Sports socks | Sports socks |
| Required | Stick |  |  |  |
| Recommended | Gum shield/Shin Pads  | Racquet |  |  |
| Optional | Astro shoes |  |  | Running spikes |
| **Tracksuit & Trainers must be brought to each Games Session**  |